

# Welcome To Stronghold

**SUMMER Camps** Stronghold is a year-round Conference, Retreat and Camping Center operated as a ministry of the Presbytery of Blackhawk. Stronghold Summer Camps strive to provide a nurturing Christian experience, a caring community and a natural environment for today's campers. It is our goal to provide developmentally-appropriate activities for each age group and to offer opportunities to build meaningful relationships with peers, camp counselors and with God through community oriented fellowship and Bible study.

## Camp Facts

**Arrival and Departure** Registration for all camps will be at Brubaker Center from 3:00 p.m.-4:00 p.m. on the starting date for each camp. Early arrivals are welcome to walk the grounds until registration begins. Parents are invited to join in a short campfire program on the closing evening of camp at 6:45 p.m. Campers will not be released to their parents until the program has ended.

**Staff** Stronghold strives to provide the best domestic and international staff possible. Most staff are college-age or older and all have been screened, selected and trained to ensure an exciting and meaningful camp experience. All staff are certified in community first aid and CPR.

**Mail, Phone & Computers** Letters from home make the transition to camp life easier. Send mail the day camp begins to ensure timely delivery to your camper. Please limit e-mail to one per day, per camper and do not send attachments with e-mail messages. Stronghold's email address is [summercampinfo@strongholdcenter.org](mailto:summercampinfo@strongholdcenter.org) (please include the camper's name and camp in the subject). Campers will not have access to phones or computers while at camp.

**Meals** Most meals will be served in the dining center. Most camps will have at least one special cookout. Please note on health form any special dietary needs.

**Registration Information** Registrations will be accepted on a first come, first served basis without regard to race, color, disability, national origin and/or religion. **One name per registration form, please.** Additional forms can be downloaded at [www.strongholdcenter.org](http://www.strongholdcenter.org) or mailed on request.

**Payment Policy** One half of camp fee is due at the time of registration and the balance is due 2 weeks before your camp begins.

**Scholarships** A limited number of Stronghold scholarships are available. Please call for more information. (Many churches also provide their own scholarships.)

**Refunds** Refunds of total paid, less \$25 processing fee, will be made only if cancellation is received 10 or more days prior to the first day of the event.

| Date             | Event  | Code # | Sleeping Area                                  | Capacity    | Cost                                  |
|------------------|--|--------|--|-------------|---------------------------------------|
| June 17-19       | GrandCamp – for grandparent(s) and their grandchildren (ages 5-12) | 401    | Heritage Lodge                                 | 16 families | \$132 adult<br>\$98 child<br>\$80 2nd |
| June 19-24       | Jr. High Adventure   | 201    | Summer Cabins                                  | 28          | \$270                                 |
|                  | Jr. Adventure I  | 101    | Summer Cabins                                  | 28          | \$245                                 |
|                  | Sr. High Traveling Adventure                                       | 301    | Summer Cabins/Off site at Saugatuck            | 12          | \$290                                 |
| June 26-July 1   | Trailriders  | 202    | Summer Cabins                                  | 28          | \$425                                 |
|                  | Leaders in Training  | 302    | Sears Center                                   | 24          | \$270                                 |
|                  | Wilderness Backpack  | 203    | Wilderness On/Off site                         | 14          | \$270                                 |
| June 27-July 1   | Day Camp   | 102    | Summer Cabins Thursday night                   | 28          | \$125                                 |
| July 5-8         | First Timers   | 103    | Hickory/Summer Cabins/Tents                    | 28          | \$140                                 |
|                  | Sr. High 3 Day Adventure Camp                                      | 303    | Sears Center                                   | 28          | \$185                                 |
| July 10-15       | Treasure of Life   | 104    | Castle   | 30          | \$265                                 |
|                  | Jr. M.A.D.   | 105    | Carriage House                                 | 20          | \$285                                 |
|                  | Devil's Lake Adventure   | 304    | Hickory 1 night/ off site remaining time       | 12          | \$345                                 |
| July 15-17       | Family Camp  | 402    | Heritage Lodge or Family Camp Ground           |             | CALL for Rates                        |
| July 17-22       | Medieval M.A.D.  | 204    | Castle   | 28          | \$295                                 |
|                  | Wilderness Canoe   | 205    | Summer Cabins/ Off Site                        | 14          | \$270                                 |
| July 19-21       | Pastor's Family Camp   | 403    | Heritage or Sears Center or Family Camp Ground |             | CALL for Rates                        |
| July 24-29       | Jr. Adventure II   | 106    | Summer Cabins                                  | 28          | \$245                                 |
| July 24-August 2 | Jr. High 10-Day Adventure  | 206    | Summer Cabins                                  | 28          | \$385                                 |
|                  | Counselors In Training (10 Day)                                    | 305    | Hickory first week, then Cabins with campers   | 14          | \$245                                 |
| July 31-August 5 | Jr. Adventure III  | 107    | Summer Cabins                                  | 28          | \$245                                 |
|                  | Kettle Moraine Backpack  | 207    | Hickory 1 night/ off site remaining time       | 12          | \$300                                 |

# Family and Intergenerational Camps

## FAMILY CAMP

**For families** Family Camp is a great way for families to spend time together on the beautiful grounds of Stronghold. Summer Camps staff and special speakers will lead separate activities for adults and children, group games and craft times are included as well as "free time" for your family to spend as you choose. All meals are included and housing options include fully equipped Heritage Lodge or, for a camp-out experience, bring your tents or campers to the Stronghold campground. **Call for special rates and registration forms.**

July 15-17

## GRANDCAMP

**Grandparent(s) and children ages 5-12** Start a new family tradition! Gather up the grandkids and come to Stronghold for GrandCamp. Summer staff provides the program, all meals are included and everyone stays in private rooms with bath. Inter-generational experiences provide time for stories and song, hiking and swimming as well as quality "one-to-one" time. Adults participate in their own Bible study, discussion groups and private time, while grandchildren are engaged in Bible Story time, group games, nature study and art projects. Shared activities include swimming, special craft projects, and campfire time. Join us for this special weekend at Stronghold!

**Call for special registration forms.**

June 17-19 \$132 Grandparent  
\$ 98 1st grandchild  
\$ 80 each additional grandchild

## Junior Camps

### JUNIOR ADVENTURE CAMPS

**Completed grades 3-5** Come to camp and take home memories for a lifetime! Experience singing around the campfire at Blue Rock, climbing the hill to David's tower, touring the Castle, and making new friends. Campers will participate in a wide variety of activities: Bible study, hiking, arts and crafts, group games, nature study, swimming and a cookout.

Session 1 June 26-July 1 \$245  
Session 2 July 24-29 \$245  
Session 3 July 31-August 5 \$245

### JUNIOR MUSIC, ART AND DRAMA

**Completed grades 4-6** Calling all singers, artists and actors. Come join the show and be part of the Stronghold troupe. Rehearsals, set building and an introduction to behind-the-scenes theater arts will help ensure a great musical performance for Friday evening. Bible study, games, swimming and campfire time are all included, so bring your friends and join the fun.

July 10-15 \$285

### TREASURE OF LIFE

**Completed grades 3-8** This camp is a partnership between Stronghold, Campfire International and Hospice of Joliet and is time set aside for youth who have experienced the death of someone close to them. All typical activities are included along with counseling and therapeutic sessions. Grief professionals and summer staff make this a rewarding time for these campers who stay in the Castle.

July 10-15 \$265

## PASTOR'S FAMILY CAMP

**Pastors and their Families** This camp is designed as a mid-week getaway for pastors and their families. Walking the trails, swimming, and personal "family time" will be part of this three day, two-night camp. Our Summer Camps staff and special speakers will be on hand to provide leadership for children's activities, adult discussions and group events such as crafts, and campfire vespers. What better place to spend time with your family than at Stronghold? Housing options include fully equipped Heritage Lodge, Sears Center or bring your tents or campers to the Stronghold campground. **Call for special rates and registration forms.**

July 19-21



### DAY ADVENTURE

**Completed grades K-3** Stronghold's day camp experience is a great way to introduce children to summer camp. Camps start on Monday at 9 a.m. with a full schedule of Bible stories, arts and crafts, pool time, games and walks in the woods. Pick up time is 4 p.m. Thursday night is an optional overnight in our cabins in the woods with campfire activities included.

**Early arrival, prior to 8a.m., with breakfast (\$2 per day) is available. Late pick up times, no later than 6 p.m. can be arranged.**

June 27-July 1 \$125

### FIRST TIMERS

**Completed grades 2-4** Never been to camp before? This is a great camp to give it a try. First Timers stay in family groups for a half-week (3 nights), living in Hickory Lodge for one night, cabin campsites for one night, and tents for a night with two counselors. It's a great chance to experience different ways to enjoy camping at Stronghold. We understand the importance of caring for this special group of campers, so more time is spent in small groups, taking time to listen and answer questions. First Timers provides an introduction to camp life with lots of fun bible stories, hiking, pool time, arts and crafts, beginning nature study and campfire time.

July 5-8 \$140



## SR. High Camps

### **COUNSELORS IN TRAINING**

**Completed grades 11–12** Have you always admired your counselors? Come find out what being a camp counselor takes. During the first week of your stay, you'll learn what it takes to be a Stronghold Camp Counselor by learning child development, principles of Christian camping and leadership skills. Once the weekend comes you'll be able to put your skills to work first with our 10 day campers then sleeping out in the sites with our Jr. Adventure campers and have a chance to join a campsite and "job shadow" one of Stronghold's counselors. Bible study, swimming, games, campfire time and a chance to go on our High Ropes Course included.

July 24–Aug 2      \$245

### **LEADERS IN TRAINING**

**Completed grades 9–12** Want to build your leadership skills? Stronghold has planned a week full of activities revolving around leadership and development including group discussions, special speakers and time to plan and lead some of the activities for junior age campers. You will still have time for Bible study and to work on the High Ropes Course along with swimming, games and campfire.

June 26–July 1      \$270

### **SR. HIGH 3-DAY ADVENTURE**

**Completed grades 10–12** Finally, a camp for the Sr. High camper with a busy schedule. This three day camp combines all the fun of swimming, hiking, and meeting other Sr. Highs with special activities such as our High Ropes Course and a unique "We Believe" PC(USA) curriculum called "The Gospel and the Matrix." The author writes, "Today's young adults often take their search for meaning into the world of music videos, movies, and television. Modern media provides a fruitful yet challenging context for young adults to discover points of connection between Scripture and contemporary images of life". Portions of The Matrix movie will be shown during this camp. So bring your friends and youth group and join us for this new Stronghold adventure.

July 5–8      \$185

### **DEVIL'S LAKE ADVENTURE**

**Completed grades 9–12** Devil's Lake State Park in southern Wisconsin offers some of the best rock climbing in the area. Its quartzite cliffs overlooking the spring fed lake make for beautiful scenery while perfecting your climbing skills. Campers will start their week in Rockford at a climbing gym, then it is on to Devil's Lake where campers will scout sites and rock climb for four days. Bible study, cooking out and other traditional activities are part of the adventure. Some previous rock climbing experience is recommended but not required for this camp. Stronghold provides all the necessary climbing equipment.

July 10–15      \$345

### **SR. HIGH TRAVELING ADVENTURE**

**Completed grades 10–12** Ever wonder what it's like at other camps? Find out with this traveling camp just for Sr. Highs. Part of your time will be spent here at Stronghold learning about God's love and the four "ships" (stewardship, leadership, fellowship, and discipleship). The other part of your time will be spent at Presbyterian Camps of Saugatuck, Michigan doing a mission project and enjoying the beaches of Lake Michigan. While there you'll have a chance to interact with other Sr. Highs and make friendships to last a lifetime.

June 19–24      \$290



# JR. High Camps

## JR. HIGH ADVENTURE CAMPS

**Completed grades 6–8** This one is all summer camp. Jr. High campers live in our rustic campsites, experiencing God's creation firsthand while participating in all the typical camp activities. Come to Stronghold and make new friends while joining in Bible study, swimming, canoeing, group games hiking, high ropes course, crafts and campfire time. Jr. High Adventure 2 is an extended 10 day camp.

|           |                  |       |
|-----------|------------------|-------|
| Session 1 | June 26–July 1   | \$270 |
| Session 2 | July 24–August 2 | \$385 |

## WILDERNESS CANOE

**Completed grades 6–8** In Wilderness Canoe, campers will be on the Rock River every day honing their paddling skills and will live in tents all week. The highlight of the camp is the overnight, day and a half, canoe trip down river to Castle Rock State Park. A certified lifeguard accompanies every canoe trip. Even with all that time canoeing, we still found time for all the signature activities like Bible study, games and campfire time that make Stronghold Camps a great place to be. Previous canoe experience is helpful, but is not required for this camp.

|            |       |
|------------|-------|
| July 17–22 | \$270 |
|------------|-------|

## WILDERNESS BACKPACK

**Completed grades 6–8** Ever wondered what it was like to go on a back packing trip? Have you always wanted to try Wilderness travel but lacked the know-how? Stronghold has your answer. Backpack is an on-site experience with campers moving their tents to different locations on Stronghold's 300 plus acres. Campers will learn the basic backpacking skills needed for a larger trip along with ways to minimize impact on the environment from our certified "Leave No Trace" instructor. This is a great camp for those interested in our out-trips in future years. Campers spend one night off site at a State Park. Stronghold provides all the gear necessary for backpacking and the instruction to properly use it. Bible study, games, campfire time and a day on our High Ropes Course are included in this camp.

|                |       |
|----------------|-------|
| June 26–July 1 | \$270 |
|----------------|-------|

## KETTLE MORAINÉ BACKPACKING ADVENTURE

**Completed grades 7–9** This is a great step up from Wilderness Backpack and a great chance to test your backpacking skills. Kettle Moraine backpack features a four day, three night backpacking trip on the Ice Age Trail in the Southern Unit of the Kettle Moraine State Forest in southern Wisconsin. Carrying all the essentials on their backs, hikers will follow the line left by the glacial retreat of the last Ice Age along a portion of the Ice Age Trail, hiking between 5 and 11 miles a day. Wilderness Backpack experience recommended. Proper footwear required.

|                  |       |
|------------------|-------|
| July 31–August 5 | \$300 |
|------------------|-------|

## MEDIEVAL MUSIC, ART AND DRAMA

**Completed grades 6–8** Lords and Ladies fair will enjoy this performance camp. They will live in Stronghold Castle for the week while learning about medieval days and "castles". Rehearsals are underway all week for the music and drama performance on Friday evening for family and friends. Campers will enjoy Bible study, swimming, crafts and campfire activities.

|            |       |
|------------|-------|
| July 17–22 | \$295 |
|------------|-------|

## JR. HIGH TRAILRIDERS

**Completed grades 6–8** This is your chance to see the hills of the Rock River Valley from horseback. Come to Trailriders and spend half of each day at a local ranch learning how to ride and care for a horse. The skilled wranglers at the ranch are eager to help you get the most from this unique camping experience. Spend the other half of the day at Stronghold in traditional camp activities such as Bible study, swimming, crafts and hiking. No experience with horses is necessary.

|            |       |
|------------|-------|
| June 19–24 | \$425 |
|------------|-------|

## TREASURE OF LIFE

**Completed grades 3–8** This camp is a Partnership between Stronghold, Campfire International and Hospice of Joliet and is a time set aside for youth who have experienced the death of someone close to them. All typical activities are included along with counseling and therapeutic sessions. Grief professionals and summer staff make this a rewarding time for these campers who stay in the Castle.

|            |       |
|------------|-------|
| July 10–15 | \$265 |
|------------|-------|



Share the Fun of  
camp with another.

**BRING A FRIEND TO CAMP.**

**SOME CAMPS FILL UP EARLY SO REGISTER SOON.**

**Mail completed form with 50% of the camp fee to: Stronghold, P.O. Box 199, Oregon, IL 61061**

Registration gives Stronghold permission to provide transportation and to use registrant's image in publicity materials (photos, videos, quotes, stronghold website) unless you indicate otherwise.

**Final Payment is due 2 weeks before your camp begins**

## 2005 REGISTRATION FORM

*Only ONE camper registration per form, photocopy this form or download more forms at [www.strongholdcenter.org](http://www.strongholdcenter.org)*

please PRINT clearly

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email Address \_\_\_\_\_

Birthdate \_\_\_/\_\_\_/\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_ Grade completed by June 2005 \_\_\_\_\_

Roommate Request Name \_\_\_\_\_ (One will be honored when possible)

Mother/Guardian \_\_\_\_\_ Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Father/Guardian \_\_\_\_\_ Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Other Emergency Contact: Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

Name of Church \_\_\_\_\_ Denomination \_\_\_\_\_ City \_\_\_\_\_

First Choice Camp \_\_\_\_\_ Start Date \_\_\_\_\_ End Date \_\_\_\_\_ Fee \$ \_\_\_\_\_

Second Choice Camp \_\_\_\_\_ Start Date \_\_\_\_\_ End Date \_\_\_\_\_ Fee \$ \_\_\_\_\_

T-Shirt Size (circle ONE only) Youth: M L Adult: S M L XL XXL

Payment Method: check enclosed \$ \_\_\_\_\_  
\_\_\_\_\_ VISA \_\_\_\_\_ Mastercard \_\_\_\_\_ Credit Card # \_\_\_\_\_ Expiration date \_\_\_\_\_

For Office Use Only:

Date Received \_\_\_\_\_ Check # \_\_\_\_\_ Amount Paid \$ \_\_\_\_\_ Balance Due \$ \_\_\_\_\_

Amount Paid by: Family/Guardian \$ \_\_\_\_\_ Church \$ \_\_\_\_\_

Date Received \_\_\_\_\_ Check # \_\_\_\_\_ Amount Paid \$ \_\_\_\_\_ Balance Due \$ \_\_\_\_\_

Amount Paid by: Family/ Guardian \$ \_\_\_\_\_ Church \$ \_\_\_\_\_

### HEALTH HISTORY

**Any changes to this form MUST be provided upon participant's arrival at camp.**

### Insurance Information

Is the camper covered by family medical/hospital insurance? YES \_\_\_\_\_ NO \_\_\_\_\_

A photocopy of your insurance card is recommended and appreciated.

Carrier: \_\_\_\_\_ Policy/Group # \_\_\_\_\_

Name of Insured \_\_\_\_\_ Relationship to Camper \_\_\_\_\_

Please continue on next page

## MEDICATIONS

Please list ALL medications (prescription and over-the-counter) taken routinely. Bring enough medication to last the entire time at camp. Keep all medication in its original container with correct dosage and frequency information from the doctor. Present ALL medication to the camp nurse at registration.

\*Updates can be made during registration

|   |
|---|
| <input type="checkbox"/> This camper takes NO medication on a routine basis   |
| <input type="checkbox"/> This camper takes medications as follows:            |
| Med # 1 _____ Dosage _____ Times Taken _____                                  |
| Reason for taking _____   |
| Med # 2 _____ Dosage _____ Times Taken _____                                  |
| Reason for taking _____   |
| Attach additional pages for more medications                                  |
| <input type="checkbox"/> Medications taken during the school year only: _____ |

## ALLERGIES – List all known

Medication allergies \_\_\_\_\_

Food allergies \_\_\_\_\_

Other allergies (insect bites, hay fever, etc.) \_\_\_\_\_

Describe reaction and management of the reaction \_\_\_\_\_

## HEALTH HISTORY (Please check if yes) Has/does the camper:

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Have a chronic/recurring illness or condition? | <input type="checkbox"/> Ever been hospitalized?          | <input type="checkbox"/> Have a history of bed-wetting?                 |
| <input type="checkbox"/> Ever had surgery?                              | <input type="checkbox"/> Have frequent headaches?         | <input type="checkbox"/> Have problems with sleepwalking?               |
| <input type="checkbox"/> Ever had a head injury?                        | <input type="checkbox"/> Wear glasses or contact lenses?  | <input type="checkbox"/> If female, have an abnormal menstrual history? |
| <input type="checkbox"/> Ever had frequent ear infections?              | <input type="checkbox"/> Ever passed out during exercise? | <input type="checkbox"/> Ever had an eating disorder?                   |
| <input type="checkbox"/> Ever had seizures?                             | <input type="checkbox"/> Have heart disease or defect?    | <input type="checkbox"/> Need any restrictions to camp activities?      |
| <input type="checkbox"/> Had mononucleosis in the past 12 months?       | <input type="checkbox"/> Have diabetes?                   |   |

Please explain any "yes" answers including dates \_\_\_\_\_

Please provide any additional information about the camper's behavior and physical, emotional, or mental health about which the Camp should know. \_\_\_\_\_

## IMMUNIZATIONS

You **MUST** provide a photocopy of the camper's immunization record. Please attach to this form.

Your physician's name \_\_\_\_\_ Office Phone \_\_\_\_\_

This **HEALTH FORM** is correct so far as I know and this camper has permission to engage in all camp activities except as noted: I hereby give permission to Stronghold Camp to order x-rays, routine test, treatment; to release any records necessary for insurance purposed; and to provide or arrange necessary related transportation for my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp to secure and administer treatment, including hospitalization, for the person registered above.

I hereby give permission to the Stronghold staff to dispense my child's prescription medication

I hereby give permission to Stronghold staff to share and exchange medical information about my child with the following:

The Camp Counselor and Camp Director for my child.

The emergency contact person listed on this form, if I cannot be reached

The emergency first responders and to the receiving hospital/physician

Signature of Parent/Guardian (signature indicates information has been read) \_\_\_\_\_

**PRINTED NAME** \_\_\_\_\_ **DATE** \_\_\_\_\_